

Physical Activity Resource Assessment Instrument (PARA)

1) Date _____ 4) Time start: _____ stop: _____	2) Data col _____ 5) Phone Call departure: _____ arrival: _____	3) HD/PA Resource ID _____	
6) <b>Type of Resource</b> 1 fitness club      2 park 3 sport facility    4 trail 5 community center   6 church 7 school              8 plaza 9 green space/beach   10 combination _____		7) <b>Approximate Size:</b> 1 sm 2 med 3 lg 8) <b>Capacity (indoor)</b> _____ 9) <b>Cost</b> 1 Free 2 Pay at the door 3 Pay for only certain programs 4 Other _____	
10) <b>Hours</b> a) open _____ b) close _____		11) <b>Signage – Hours</b> yes <input type="checkbox"/> no <input type="checkbox"/>	
12) <b>Signage – Rules</b>		yes <input type="checkbox"/> no <input type="checkbox"/>	
<b>Feature</b>	<b>Rating</b>	<b>Amenity</b>	<b>Rating</b>
13) Baseball field	0 1 2 3	26) Access Points	0 1 2 3
14) Basketball courts	0 1 2 3	27) Bathrooms	0 1 2 3
15) Soccer field	0 1 2 3	28) Benches	0 1 2 3
16) Bike Rack	0 1 2 3	29) Drinking fountain	0 1 2 3
17) Exercise Stations	0 1 2 3	30) Fountains	0 1 2 3
18) Play equipment	0 1 2 3	31) Landscaping efforts	0 1 2 3
19) Pool > 3 ft deep	0 1 2 3	32) Lighting	0 1 2 3
20) Sandbox	0 1 2 3	33) Picnic tables shaded	0 1 2 3
21) Sidewalk	0 1 2 3	34) Picnic tables no-shade	0 1 2 3
22) Tennis courts	0 1 2 3	35) Shelters	0 1 2 3
23) Trails – running/biking	0 1 2 3	36) Shower/Locker room	0 1 2 3
24) VB courts	0 1 2 3	37) Trash containers	0 1 2 3
25) Wading Pool < 3 ft.	0 1 2 3		
<b>Incivilities</b>	<b>Rating</b>	<b>Incivilities</b>	<b>Rating</b>
38) Auditory annoyance	0 1 2 3	44) Graffiti/tagging	0 1 2 3
39) Broken glass	0 1 2 3	45) Litter	0 1 2 3
40) Dog refuse	0 1 2 3	46) No grass	0 1 2 3
41) Dogs Unattended	0 1 2 3	47) Overgrown grass	0 1 2 3
42) Evidence of alcohol use	0 1 2 3	48) Sex paraphernalia	0 1 2 3
43) Evidence of substance use	0 1 2 3	49) Vandalism	0 1 2 3
<b>Comments:</b>			