

# PARA Data Collection Instructions Con't (Section 2)

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**Lee RE**, Booth KM, Reese-Smith J, Regan GR, Howard HH. The Physical Activity Resource Assessment (PARA) Instrument: Evaluating Features, Amenities and Incivilities of Physical Activity Resources in Urban Neighborhoods. *International Journal of Behavioral Nutrition and Physical Activity*. 2005 14;2:13.

# Amenities: #26-#37

- Rate each item by circling a number.

0=Not Present

1=Poor

2=Mediocre

3=Good

# Amenity #26-Access Points

- **Poor**-Some appear as potentially unsafe areas, unkept, not well-marked



# Amenity #26-Access Points

- **Mediocre**-Not all access points are clearly marked. Some may have trash or overgrown grass.



# Amenity #26-Access Points

- **Good**-Clearly visible, safe, free of debris or overgrown grass. If gated, works properly.



# Amenity #27-Bathrooms

- **Poor**-Bathroom is not clean, not well-stocked. More than 50% of all fixtures are in disrepair.



# Amenity #27-Bathrooms

- **Mediocre-Bathroom** is fairly clean, stocked and most sinks' and toilets' plumbing is in good working order.



# Amenity #27-Bathrooms

- **Good**-Bathroom is clean, well-lit, stocked, all plumbing is functioning well.





# Amenity #28-Benches

- **Poor**-Benches are in bad condition, unusable



# Amenity #28-Benches

- **Mediocre-** Benches are missing some paint or boards, may be crooked, but otherwise usable



# Amenity #28-Benches

- **Good**-In good condition but could have minor cosmetic flaws



# Amenity #29-Drinking Fountains

- **Poor**-Either all or most (>50%) are broken



# Amenity #29-Drinking Fountains

- **Mediocre-** At least one of the fountains is not in working operation



# Amenity #29-Drinking Fountains

- **Good-Working**, clean fountains with clean surrounding area



# Amenity #30-Fountains (decorative)

- **Poor**-Water is unclean or not flowing. Fountain itself is in disrepair. Area at base is in poor shape



# Amenity #30-Fountains (decorative)

- **Mediocre**-Water is clean; fountain itself is in adequate repair. Area at base could use a little improvement





# Amenity #30-Fountains (decorative)

- **Good**-Water is clean; fountain is in good condition (working). Area at base of fountain is well-kept



# Amenity #31-Landscaping Efforts

- This does not include grass.
- **Poor**-Shrubs or flowering plants appear dead or more than 50% overgrown with weeds.  
(Does not include grass)



# Amenity #31-Landscaping Efforts

- **Mediocre**-Shrubs or flowering plants in ground, but do not appear healthy and/or colorful. Existing weeds.



# Amenity #31-Landscaping Efforts

- **Good**-Attractive live shrubs and/or flowering plants, perhaps decorative material such as rocks or mulch



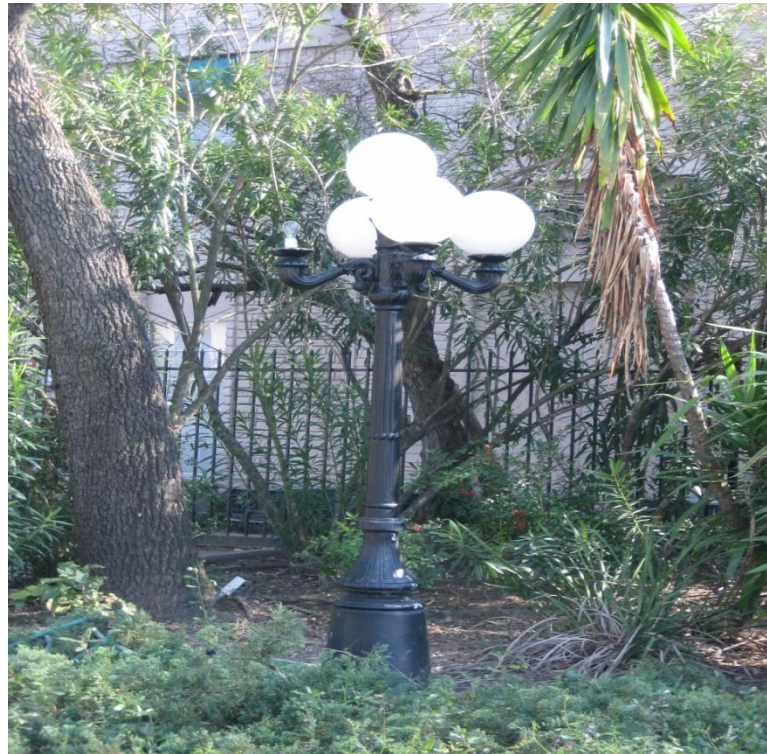
# Amenity #32-Lighting

- Count for an outdoor resource such as a park; must be within the boundaries of resource
- **Poor**-Area has limited lighting, inadequate for safety



# Amenity #32-Lighting

- **Mediocre**-They are usable, but need minor repair, partially clean



# Amenity #32-Lighting

- **Good**-Area or building has effective overhead lighting that is sufficient for safety



# Amenity #33-Picnic tables (shaded)

- **Poor**-Tables are in need of major repair, unclean, almost unusable





# Amenity #33-Picnic tables (shaded)

- **Mediocre**-Tables are usable, but need minor repair, partially clean



# Amenity #33-Picnic tables (shaded)

- **Good**-Tables are sturdy and in good condition, clean



# Amenity #33-Picnic tables (no-shade)

- **Poor**-Tables are in need of major repair, unclean, almost unusable



# Amenity #33-Picnic tables (no-shade)

- **Mediocre**-Tables are usable, but need minor repair, partially clean



# Amenity #33-Picnic tables (no-shade)

- **Good**-Tables are sturdy and in good condition, clean



# Amenity #35-Shelters

- **Poor**-Structures are not intact-so rain would get into area. Seating/tables are in major need of repair or are missing



# Amenity #35-Shelters

- **Mediocre**-Structures are in need of some repair, provide protection from weather, seating/tables are usable but need minor repair



# Amenity #35-Shelters

- **Good**-Structures are intact, provide protection from weather, and contain clean seating/tables





# Amenity#36-Shower/Locker room

- **Poor**-Unclean, may not be well-lit, inadequate dressing space or receptacles provided, plumbing is almost unusable



# Amenity#36-Shower/Locker room

- **Mediocre**-Most areas are clean, lockers and/or dressing space provided (but is adequate), plumbing could be improved, but works



# Amenity#36-Shower/Locker room

- **Good**-Clean, well-lit, lockers and/or dressing space provided, plumbing works well



# Amenity #37-Trash Containers

- **Poor**-Unclean and/or in poor condition, more care needed, full with trash or overflowing



# Amenity #37-Trash Containers

- **Mediocre**-Partially unclean or in < perfect condition, but scattered and unstable



# Amenity #37-Trash Containers

- **Good**-Clean on the exterior, scattered throughout, not overflowing with trash

